

## **“Healing our hurts”**

Matthew 5:5

What are we to mourn?

1. The \_\_\_\_\_ in our lives

“Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.”

2 Corinthians 7:10

2. The \_\_\_\_\_ in our lives

1. We are to mourn over the condition of other \_\_\_\_\_

“Encourage one another daily, as long as it is called today, so that none of you may be hardened by sin’s deceitfulness.” Hebrews 3:13

2. We are to mourn over the condition of \_\_\_\_\_-Christians

“As he approached Jerusalem and saw the city, he wept over it.” Luke 19:41

3. The \_\_\_\_\_ in our lives

“I earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.”

“You number my wanderings; put my tears into your bottle; are they not in your book?” Psalms 56:8

How can you receive the Father’s comfort?

1. \_\_\_\_\_ that the Father is with you.

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.” Psalms 34:18

1. The Father is \_\_\_\_\_.

“You (God) keep a close watch on all my paths.” Job 13:27

2. The Father \_\_\_\_\_.

“The Lord is good, a refuge in times of trouble. He cares for those who trust in Him.”

Nahum 1:7

3. The Father is \_\_\_\_\_

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.” James 1:17

4. The Father is \_\_\_\_\_

5. The Father is \_\_\_\_\_

2. \_\_\_\_\_ the hurt.

“But You, O God, do see the hurt, the grief and the pain and you will call that person into judgment and avenge the helpless and the victims.” Psalms 10:14

3. \_\_\_\_\_ on the Father’s resources

What are the comforters that the Father uses?

1. His \_\_\_\_\_

“I am completely discouraged. Revive me by Your Word. Your Word has been my comfort.” Psalms 119:25, 52

2. His \_\_\_\_\_

“The God of all comfort comforts us in all our troubles, so that we can comfort others with the comfort we ourselves have received from God.” 2 Corinthians 1:3, 4

3. His \_\_\_\_\_

“May the God of hope fill you with all joy...that by the power of the Holy Spirit, your whole life and outlook may be radiant with hope.”

Romans 15:13